



Calli®Tea

Calli® is a concentrated blend of green and black tea and unique herbal extracts carefully balanced to provide support to the body's natural cleansing processes. Full of healthy catechins (naturally occurring polyphenol chemicals), the antioxidants in Calli® help absorb damaging free radicals.

Green and black tea come from the same herb, *Camellia sinensis*, but differ in preparation: Green tea is heated whole with dry air or steam; black tea is fermented, rolled and allowed to air dry. The different drying methods allow different antioxidant phytonutrients with many catechins to remain. *Camellia sinensis* is known to reduce fat and cholesterol in the body by improving liver function

Because Calli® and Fortune Delight® are concentrated, it would be difficult to drink enough black and green tea to fully enjoy the same preventative benefits of the catechins. At the same time, while Calli® and Fortune Delight® have minor amounts of caffeine, black and green tea typically have much more. With the additional herbs added to the combination of green and black teas for their cleansing benefits and phytonutrient qualities, while green and black tea is from only one herb.

How to Brew Calli® Tea

Calli® Tea is a powerful cleansing agent! And because the herbs are 'sprayed' onto the tea leaves, *do not* make a single cup of tea and then retain the bag to use in another cup! No, make a whole pot out of that one tea bag. First, it's that powerful; I routinely use a single tea bag in my coffee maker (an automatic coffee maker provides a good temperature as you don't want to *BOIL* Calli®; that kills off some of the good stuff), so I get 12 cups of Calli® from a single tea bag. But, secondly, the herbs will almost all come off in that first cup of tea, so the first cup will be *extremely* cleansing; this is probably not the effect you want. Don't reheat it in the microwave as you'll destroy the live enzymes.

Because of the live enzymes, please don't leave brewed Calli® tea unrefrigerated for days in a hot climate... or a hot car. You can also spread the used tea leaves in your plants and they will love it.

Calli® comes in Regular, Mint & Cinnamon flavors. There is also Calli® Night: a special herbal formula in a tea bag which contains a different exclusive combination of herbs. It is designed for people who enjoy a cup of herbal beverage at night to help get a good night's sleep. You can drink it during the day to help you relax when under stress.



Fortune Delight®

Fortune Delight® is another tea product from Sunrider; unlike Calli®, Fortune Delight® doesn't come in tea bag form but rather as a concentrated powder and therefore can be mixed with hot or cold water and doesn't require brewing. Like Calli®, Fortune Delight® provides a wealth of antioxidant benefits. Catechins are naturally occurring polyphenol chemicals found in *Camellia* extract, the primary ingredient in Fortune Delight®. These antioxidants have been shown effective in absorbing damaging free radicals. Again, do not boil or microwave.

Fortune Delight® comes in Regular, Cinnamon, Lemon, Raspberry, and Peach flavors (Peach is my personal favorite). I like to brew a pot of Regular Calli® and then add a packet of Peach Fortune Delight®; another nice combination is Mint Calli® and Lemon Fortune Delight®.

I carry packets of Fortune Fortune Delight® in my purse so I can mix it with water when I eat out. And, if I want a sweeter taste, I add a little stevia.



Stevia

I'd never heard of Stevia until I started using Sunrider products, back in 1999. *Stevia rebaudiana bertonii* is a plant belonging to the chrysanthemum family. It is native to South America. Stevia leaves have been used for centuries by the indigenous peoples who added it to bitter medicines and teas; it is a remarkable herb that helps maintain normal blood sugar levels in healthy individuals.*

Sunrider's Dr. Chen was instrumental in convincing the FDA to allow Stevia to be legally sold in America and Sunrider sells Stevia in two liquid forms:

The SunnyDew® and Sunectar® supplements are a potent blend of stevia leaf extract and chrysanthemum flowers. Other brands commonly use a chemical reaction to process stevia, altering its natural structure. However, the stevia in Sunrider's SunnyDew® and Sunectar® undergoes a unique purifying and concentration process that preserves the natural structure found in its whole food form. SunnyDew® is very light in color and flavor, highly concentrated and all natural; it is an excellent dietary supplement to help maintain normal blood sugar levels.

Sunectar® is darker in color and more intense in flavor than SunnyDew®. It's another great choice for maintaining a healthy diet and lifestyle.



Spirulina

Spirulina is a species of edible micro algae, a "green food" supplement that Sunrider produces in capsule form. Spirulina is about 60% protein; it's a "complete protein" and contains all the essential amino acids (and lots of non-essential amino acids, too). The iron in blue-green algae has been found to be more easily absorbed by the digestive system than the iron found in spinach and various other plant sources. Spirulina also contains Pro-vitamin A, which is converted to Vitamin A by the body.



Chinese Goldenseal Root

Chinese Goldenseal Root is a pungent, very bitter herb, considered one of the major beneficial herbs in Chinese culture. It contains Berberin and Coptisin and is believed to soothe the mucous membranes and respiratory tract. It has been used traditionally for a variety of purposes, including tonics to help circulation and to support the immune system.*

I am *very* happy to sell you Calli®and/or Fortune Delight® teas as well as SunnyDew® and Sunectar® supplements. Frankly, I heartily recommend all of Sunrider's remarkable products: their quality and consistency are extraordinary. The herb foods are powerful nutrition; the single herbs and the herbal concentrates are powerful and effective (for instance, I use Sunrider's *Chinese Goldenseal Root* capsules when I'm fighting any kind of infection). Their skin care line and hair care are wonderful, especially if you have sensitive skin like I do.

I am always happy to talk about [Sunrider](http://Sunrider.com) products (there are lots!) and help you decide what might be most useful for you; please don't hesitate to contact me by email: lynn@lynnmaudlin.com will always reach me.

Calli®

Box of 10 Tea bags \$12.75
 Box of 60 Tea bags \$71.60

Calli® Night

Box of 10 Tea bags \$15.35
 Box of 60 Tea bags \$81.10

Fortune Delight®

Box of 10 packets \$12.75
 Box of 60 packets \$71.60

SunnyDew®

1 fluid ounce bottle \$20.20

Sunectar®

1 fluid ounce bottle \$19.20

Spirulina

Bottle of 100 capsules \$32.85

Chinese Goldenseal Root

Bottle of 100 capsules \$47.65

NuPlus®

Box of 10 packets \$21.65
 Box of 60 packets \$121.05

NuPlus® Simply Herbs

Box of 10 packets \$24.15
 Box of 60 packets \$128.65

NuPlus® Original

Box of 60 packets \$132.60

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**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.*